

SRI KRISHNA DEGREE COLLEGE

5.1.3

- 1) Soft Skills
- 2) Language and Communication Skills
- 3) Life Skills
- 4) ICT/Computing Skills

SRI KRISHNA DEGREE COLLEGE
ITI LAYOUT, BANGALORE-560085, AFFILIATED TO
BENGALURU CITY UNIVERSITY

ACCREDITED BY NAAC WITH "B" GRADE

Report on Value Added Course

By Xplore Consultancy Services

Sri Krishna Degree College will have facilitated to conduct Value Added Course from Xplore

Academy for the Academic Year 2020-21 through Online mode for 1st ,2nd and 3rd Year B.com, BBA and BCA students. Duration of course 40 hours.

Profile of Trainer:

Mr Rajendra Kulkarni

Rajendra Kulkarni heads Xplore Consultancy Services as Founder - Director, a learning organization focused on Employee and student's Development. Prior to this Raj was a Sr. Manager with American Risk Management firm, here he was responsible for Training and Knowledge Management for 4 of the Business Units across India. Prior to this, Raj has served as a Sr. Manager Operations for couple of MNCs.

Raj has held leadership positions in Business Transformation, Customer Satisfaction, General Services, Procurement, and Learning. During his 22 yrs tenure in various MNCs, he held Leadership positions in Training, Marketing, Sales, Quality and Customer Satisfaction. Passionate about releasing potential in people, Raj has had the opportunity to Coach many managers and executives and has been instrumental in taking them to the next level of Leadership. He is also passionate about training students (High School and above) on various soft-skills. He has trained more than 20,000 students on Memory techniques and Maths skills. Memory Techniques, Leadership and People Development are major areas of interest for Raj and he has designed and delivered a number of Memory Techniques, Leadership and other Development programs in many schools, B schools, business forums and seminars.

QUALIFICATIONS:

- _ Fellow from Insurance Institute of India
- _ Fellow from Insurance Institute of America
- _ MBA (Insurance and Risk Management) – Symbiosis
- _ Certified trainer from Dale Carnegie Institute, US
- _ Certified trainer from Success Resources, Singapore
- _ Certified trainer from TAP foundation, India
- _ Certified trainer from Protocol, Bangalore
- _ B.Sc., Bangalore University

MOU with Xplore Academy:

A. N. Neha Jeeva

Principal
SRI KRISHNA DEGREE COLLEGE
2 (P), ITI Layout, B.S.K. 3rd Stage
BANGALORE 560 085



Xplore Consultancy Services (R)

5, 3rd Cross, 3rd Block, 3rd Stage, Basaveshvaranagar, Bangalore - 79

Mobile : 9845251996 / 9845270980 Email : xplore_cs@yahoo.com

Facebook : www.facebook.com/xploreconsultancyservices

Date: 21st Dec 2019

Memorandum of Understanding

Between Sri Krishna Degree College and Xplore Consultancy Services.

This Memorandum of Understanding (MOU) sets for the terms and understanding between Sri Krishna Degree College and Xplore Consultancy Services to conduct workshop for Degree (BCom, BCA, BBA) Students for 2020 - 2021 batch as agreed and the roles and responsibility for both the partners are as follows:

Background

Xplore Consultancy Services through existing services have access to the fresh graduates.

Sri Krishna Degree College trains and coaches Degree Students.

Xplore Consultancy Services can utilize their existing platform and provide value added courses based on Industry requirements to the Degree Students. Thus Xplore Consultancy Services can work as an extended training arm for Sri Krishna Degree College.

Purpose

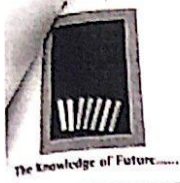
The goal for this MOU is to guide the role and responsibility for both parties and enhance the opportunity to train more students for the corporate jobs and also enhance the student's knowledge.

The above goals will be accomplished by undertaking the following activities:

1. Sri Krishna Degree College will facilitate training workshops for Xplore Consultancy Services
2. Xplore Consultancy Services will work as extended Training partner by providing awareness/seminars/workshops on corporate job opportunities.
3. Name of Xplore's workshop is "Stepping to the Corporate World" contains "Value added Course for 1st & 2nd Year Students & Placement & Aptitude Training for 3rd Year students".
4. The training will be 40 hours per year.
5. Xplore should include both theory and activities during the training.
6. Xplore should provide the stationary to students during the training.
7. Xplore should provide participation certificates to the participants.
8. Xplore can explore opportunity to assist eligible candidates for placements
9. Sri Krishna Degree College should facilitate for payment after the workshop.

Dr. N. Neelha Suman

Principa:
SRI KRISHNA DEGREE COLLEGE
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BANGALORE 560 085.



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Contact Information

Partner 1 - SRI KRISHNA DEGREE COLLEGE

Partner representative 1 - The Principal

Address - SRI KRISHNA DEGREE COLLEGE, Banashankari, Bangalore.

Signature *S.N. Usha Kumari*
PRINCIPAL

SRI KRISHNA DEGREE COLLEGE

#2 (P), ITI Layout, BSK 3rd Stage,

BANGALORE - 560 085.

Partner 2 - Xplore Consultancy Services

Partner representative - Mr. Rajendra Kulkarni

Address - #5, 3rd cross, 3rd block, 3rd stage, Basaveshwaranagar - 560079

Telephone - 9845251996

E-mail - xplore_cs@yahoo.com

For Xplore Consultancy Services

Signature *G. Jayashankar*
Signature

Witness 1: *Deepa K*
Deepa K
HOD BBA
SKDC

Witness 2: *Sharath Chandrashekar*
SHARATH CHANDRASHEKAR

S.N. Usha Kumari
PRINCIPAL
SRI KRISHNA DEGREE COLLEGE
#2 (P), ITI Layout, BSK 3rd Stage,
BANGALORE - 560 085.

S.N. Usha Kumari
Principal
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BANGALORE 560 085.



Xplore Consultancy Services (R)

The Knowledge of Future

Basaveshwarnagar, Bangalore - 560079 / Ph: 9845251996 / 9845270980

NAME OF THE INSTITUTE: SRI KRISHNA DEGREE COLLEGE, BANGALORE

SEMESTER WISE COURSE CONDUCTED FOR THE YEAR 2021-22

I Semester
Topics Covered
1. Grammar with Fun <ul style="list-style-type: none">• Parts of Speech
2. Framing Sentences <ul style="list-style-type: none">• Letter writing
3. Written Communication

II Semester
Topics Covered
1. Grammar with Fun <ul style="list-style-type: none">• Parts of Speech
2. Written Communication
3. Comprehension
4. Active Communication
5. Passive Communication

III Semester
Topics Covered
1. Spoken English <ul style="list-style-type: none">• Presentation skill• Power point presentation
2. Written Communication <ul style="list-style-type: none">• Email writing• Power point preparation
3. Advance Grammar

IV Semester
Topics Covered
1. Oral Communication
2. Written Communication
3. Reading Skills
4. Memory Skills <ul style="list-style-type: none">• Memory recall techniques

B. N. Usha Jeevanthi
Principal
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The Knowledge of Future...

Xplore Consultancy Services (R)

Basaveshwarnagar, Bangalore - 560079 / Ph: 9845251996 / 9845270980

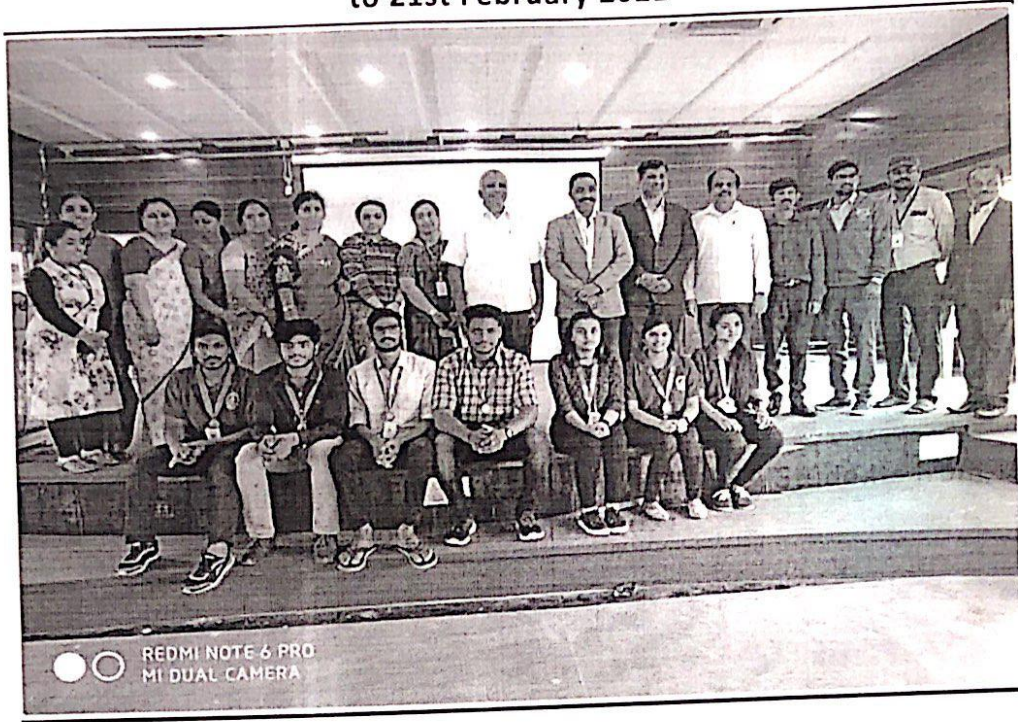
V Semester
Topics Covered
1. Presentation Skills
2. Business Communication
3. Interpersonal Skills
4. Concentration Skills
5. Listening Skills
6. Motivation Skills

VI Semester
Topics Covered
1. Interview Skills
2. Goal Setting
3. Aptitude Skills
4. Resume Writing
5. Email Skills
6. Stress Management
7. Group Discussion
8. Art of Speaking
9. Art & Science of Communication

Dr. N. Usha Jeevan

Principal
SRI KRISHNA DEGREE COLLEGE
2 (P), ITI Layout, B.S.K. 3rd Stage
BANGALORE 560 085.

Pre-Placement Training for Final Year Bcom/BBA/BCA Students from 19th to 21st February 2021



Date: 21-02-2021

Speaker : Mr. Rajendra Kulkarni

Description:

The Training & Placement Cell conducted a special Pre-Placement Training program for students entering the seventh semester to empower them for upcoming recruitment drives. The training was conducted for a duration of three days covering various aspects of employability skills.

Thus, the training program empowered the students, helping them to get through their campus recruitment drives. The training also provided overall personality development to help students fulfill their goals.

Basically, training was designed to simulate the real-time scenarios of the industry which gives students hands-on experience for exponential learning.

The training program was conducted on the below mentioned topics:

Activity-based learning on various modules of the Aptitude Test.

Dr. N. Usha Juman

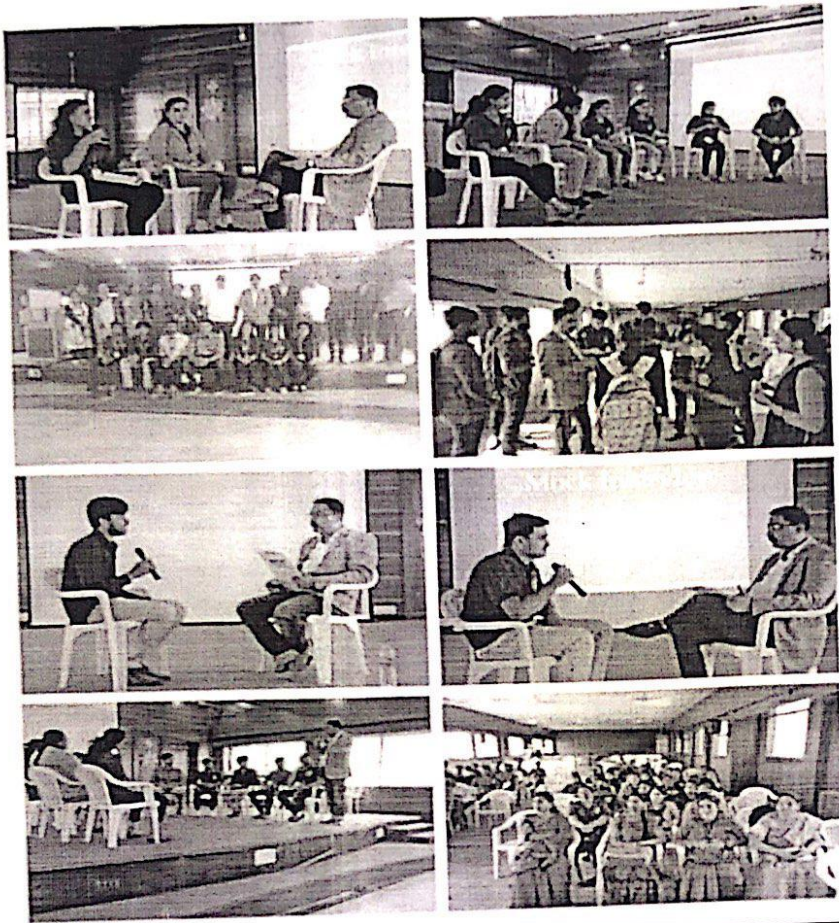
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Sessions on Personality Development, Etiquette, Attitude, Resume Writing, Group Discussion & Personal Interviews
Post Employability Assessments.



D. N. Usha Jeevmai

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Dr. N. Uma Kumari

Principal
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Bengaluru, Karnataka, India

1, 128/1, 3rd Cross Rd, Balaji Layout, ITI Layout, Vidyapeeta Nagar,
Banashankari, Bengaluru, Karnataka 560085, India

Lat N 12° 55' 52.41"

Long E 77° 33' 27.5976"

19/02/21 01:02 PM

Sr. N. Susha Suman

Principal
SRI KRISHNA DEGREE COLLEGE
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BANGALORE 560 085.

SRI KRISHNA DEGREE COLLEGE

ENGLISH DEPARTMENT

LANGUAGE LAB ACTIVITY

English is a vital communicative language that is taught in educational institutions.

It is practically essential for a student to have a strong command of the language in order to achieve overall success in life. The ability to communicate clearly and accurately in English instills confidence in the student and opens doors to opportunities that might otherwise be unavailable. His/her grasp of the subtleties of the English language acts as a springboard for advancement and advancement in his life and profession. As a result, it is critical that accommodations be provided to help learners of this global language improve their abilities.

The institution bears the responsibility for improving pupils' English language skills. Aside from choosing effective professors, an institute can build up a solid digital English language lab for its students to use.

When developed and utilized by an institute, a good English language lab may do wonders for the students. Learners acquire a constant desire to study the language since it motivates them to comprehend it and makes the principles of the language easier to grasp.

English language laboratories are intended to give students with a solid foundation for practical language study. A competent language lab increases the learners' language abilities in a skillful and effective manner. They are exposed to functional language in use and are familiarized with the many pronunciation patterns that are important in today's world while using the English language.

When a blended approach of language education is used in a language lab, the human contact provided by a physical instructor (during the language lab's classroom phase) guarantees that language concepts are delivered live. These topics are addressed and, when necessary, illustrated by the teacher before the

D. N. Usha Kumari
Principal

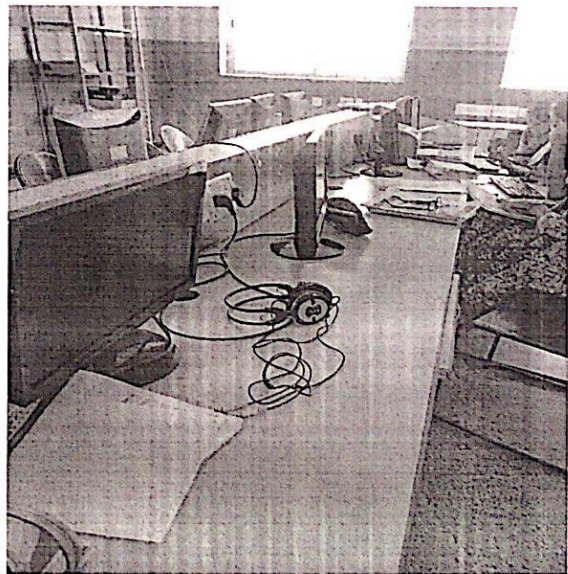
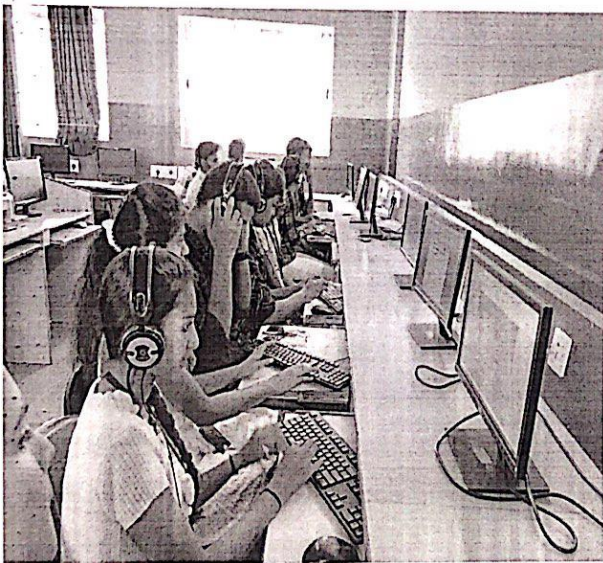
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students practice them separately in the language lab's computer portion. As a result, learners have plenty of opportunities to practice and internalize language principles. Language laboratories also allow students to develop their English skills through games and practice activities, which help to reinforce topics learned in class.

The English language academic community recognizes the need of establishing a language lab. Language laboratories are being established in schools and institutions around the country for the future benefit of their students.

In Sri Krishna Degree College several lab activities are conducted to improve spoken and written knowledge of the students. There is an English lab set up in the college for the students of 1st year and 2nd year in BCA, BCOM and BBA streams. Students take active participation in the lab activities.

Based on their syllabus the students engage themselves in the lab activities. It benefits them for the examination and career.



Dr. N. Arha Kumari
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SRI KRISHNA
DEGREE COLLEGE
ENGLISH
DEPARTMENT

LANGUAGE
LAB
ACTIVITY

TENSES

INTRODUCTION

- ▶ THE TENSES ARE AS FOLLOWS
- ▶ PRESENT TENSE
- ▶ PAST TENSE
- ▶ FUTURE TENSE

- ▶ SIMPLE PRESENT TENSE
- ▶ PRESENT CONTINUOUS TENSE
- ▶ PRESENT PERFECT TENSE
- ▶ PRESENT PERFECT CONTINUOUS TENSE

- ▶ SIMPLE PAST TENSE
- ▶ PAST CONTINUOUS TENSE
- ▶ PAST PERFECT TENSE
- ▶ PAST PERFECT CONTINUOUS TENSE

S. N. Usha Kumar

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- ▶ SIMPLE FUTURE TENSE
- ▶ FUTURE CONTINUOUS TENSE
- ▶ FUTURE PERFECT TENSE
- ▶ FUTURE PERFECT CONTINUOUS TENSE

THE ABOVE MENTIONED TENSES CAN BE EXPLAINED WITH EXAMPLES AS GIVEN IN THE NEXT PART.

SIMPLE PRESENT TENSE

1ST PERSON

I (SINGULAR)
I EAT MANGO

WE (PLURAL)
WE EAT MANGO

2ND PERSON

YOU (SINGULAR)
YOU EAT MANGO

YOU (PLURAL)
YOU EAT MANGO

3RD PERSON

HE (SINGULAR)	SHE (SINGULAR)
HE <u>EATS</u> MANGO	SHE <u>EATS</u> MANGO

IT (SINGULAR)
IT EATS MANGO

THEY (PLURAL)
THEY EAT MANGO

S. N. Subashammai

Principal

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BANGALORE 560 085.

▶ THE UNDERLINED VERB EAT REMAINS THE SAME IN ALL THE CASES EXCEPT 3RD PERSON SINGULAR SENTENCES.

▶ FOR HE, SHE, IT THE VERB EAT CHANGES TO EATS.

PRESENT CONTINUOUS TENSE

1ST PERSON

I (SINGULAR)
I AM SINGING A MELODIOUS SONG

WE (PLURAL)
WE ARE SINGING A MELODIOUS SONG

2ND PERSON

YOU (SINGULAR)
YOU ARE SINGING A MELODIOUS SONG

YOU (PLURAL)
YOU ARE SINGING A MELODIOUS SONG

3RD PERSON

HE (SINGULAR)
HE IS SINGING A MELODIOUS SONG
SHE (SINGULAR)
SHE IS SINGING A MELODIOUS SONG
IT (SINGULAR)
IT IS SINGING A MELODIOUS SONG
THEY (PLURAL)
THEY ARE SINGING A MELODIOUS SONG

▶ THE ABOVE SLIDES GIVE THE IMAGE OF CONTINUOUS PROCESS OF THE ACTION. IT TELLS THAT THE ACTION OF SINGING IS STILL GOING ON.
▶ YOU CAN ALSO OBSERVE THE HELPING VERBS PREFIXED TO THE ACTION VERBS IN EACH OF THE SENTENCES.

B. N. Usha Kumari

Principal

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PRESENT PERFECT TENSE

1ST PERSON

I (SINGULAR)
I HAVE WALKED ON THE
TEACHER'S PATH

WE (PLURAL)
WE HAVE WALKED ON THE
TEACHER'S PATH

2ND PERSON

YOU (SINGULAR)
YOU HAVE WALKED ON THE TEACHER'S PATH

YOU (PLURAL)
YOU HAVE WALKED ON THE TEACHER'S PATH

3RD PERSON

HE (SINGULAR)
HE HAS WALKED ON THE TEACHER'S PATH

SHE (SINGULAR)
SHE HAS WALKED ON THE TEACHER'S PATH

IT (SINGULAR)
IT HAS WALKED ON THE TEACHER'S PATH

THEY (PLURAL)
THEY HAVE WALKED ON THE TEACHER'S PATH

- ▶ THE PRESENT PERFECT TENSE TELLS US ABOUT THE COMPLETION OF THE ACTION AT PRESENT. THAT MEANS AT THE TIME OF SPEAKING, THE ACTION OF WALKING WAS COMPLETED PERFECTLY.
- ▶ THE PREFEX 'HAVE' IS USED IN ALL THE CASES EXCEPT THE 3RD PERSON SINGULAR WHERE 'HAS' IS USED AS THE PREFEX.

PRESENT PERFECT CONTINUOUS TENSE

B. N. Uma Kumar
Principal

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1ST PERSON

I (SINGULAR)
I HAVE BEEN TALKING ON THE TOPIC OF
INFORMATION TECHNOLOGY

WE (PLURAL)
WE HAVE BEEN TALKING ON THE TOPIC OF
INFORMATION TECHNOLOGY

2ND PERSON

YOU (SINGULAR)
YOU HAVE BEEN TALKING ON THE
TOPIC OF INFORMATION
TECHNOLOGY

YOU (PLURAL)
YOU HAVE BEEN TALKING ON THE
TOPIC OF INFORMATION
TECHNOLOGY

3RD PERSON

HE (SINGULAR)
HE HAS BEEN TALKING ON THE TOPIC OF INFORMATION
TECHNOLOGY

SHE (SINGULAR)
SHE HAS BEEN TALKING ON THE TOPIC OF INFORMATION
TECHNOLOGY

IT (SINGULAR)
IT HAS BEEN TALKING ON THE TOPIC OF INFORMATION
TECHNOLOGY

THEY (PLURAL)
THEY HAVE BEEN TALKING ON THE TOPIC OF INFORMATION
TECHNOLOGY

- ▶ THE ABOVE TABLE SHOWS THE PERFECT ACTION BEING CONTINUED IN THE PRESENT TIME.
- ▶ OBSERVE THE UNDERLINED PART OF THE SENTENCES IN THE ABOVE TABLE.

SUMMARY OF THE TOPIC

- ▶ THE ABOVE TABLE HELPS YOU TO UNDERSTAND HOW THE SIMPLE PRESENT TENSE WORKS.
- ▶ THE UNDERLINED VERB EAT REMAINS THE SAME IN ALL THE CASES EXCEPT 3RD PERSON SINGULAR SENTENCES.
- ▶ FOR HE, SHE, IT THE VERB EAT CHANGES TO EATS.

THANK
YOU

S. N. Neta Kumar

Principal

SRI KRISHNA DEGREE COLLEGE
2 (P), ITI Layout, B.S.K. 3rd Stage
BANGALORE 560 085.

Webinar on Art of Mind Management and Emotional Balance

Date: 03-06-2021

Counseling Cell organized a webinar on " Art of Mind Management and Emotional Balance" through Zoom meeting. Sri Vallabha Chaitanya Dasa is a Youth Guide & Presenter, FOLK - Youth Empowerment Club, ISKCON Bangalore. He pursued his graduation from MS Ramaiah Institute of

Sri Krishna Degree College
Affiliated to Bangalore City University, NAAC Accredited & ISO Certified
ITI Layout, Bengaluru-560085
With IQAC Initiative Organized with Counseling Cell
Presents

ISKCON

Art of Mind Management & Emotional Balance

Rule your Mind else it will rule you

On 3rd June 2021
11:00 AM to 12:00 Noon

Dr. M. Rukmanagada
Founder Chairman
Sri Krishna Group of Institution

Prof. S. P. Manohar
Academic Director
Sri Krishna Group of Institution

Dr. N. Usha Kumari
Principal
Sri Krishna Degree College

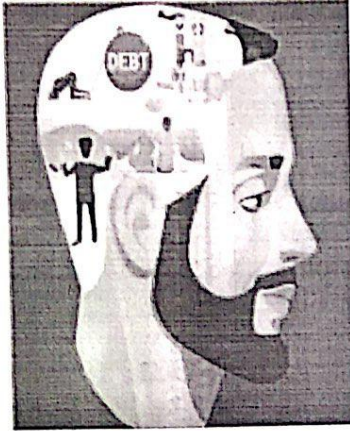
Asst. Prof. Madhushree N
Coordinator
Sri Krishna Degree College

Dr. N. Usha Kumari

Principal

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BANGALORE 560 085.

Our mind is a
store house of
"Emotions
Feelings
Thoughts"



Art of Mind Management & Emotional Balance

Speaker

Speaker's screen



Dr. N. Neelha Kumar

Principal

SRI KRISHNA DEGREE COLLEGE
2 (P), ITI Layout, B.S.K. 3rd Stage
BANGALORE 560 085.

Webinar on Scientific Pranayama at the time of Covid-19


Date: 27-05-2021

Organising Body: Department of Hindi and NSS Cell

Speaker: Dr Devaki Madhava, Scientific Pranayama Therapist and Psychologist


Description:

A webinar was organised by Department of Hindi and NSS Cell on " कोविडकाल मे प्राणयाम का वैज्ञानिक महत्व - Scientific Pranayama at the time of Covid " as a part of IQAC initiative. Student and Faculties participated in the event. It was conducted on Google Meet held on 27-05-21 at 11AM. Pranayama helps in increasing the cardiovascular systems and also increase the oxygen level of the lungs. It cleans the dust in the lungs.



SRI KRISHNA DEGREE COLLEGE

Affiliated to Bengaluru City University, NAAC Accredited & ISO Certified
ITI Layout Bengaluru - 560085



An IQAC Initiative

WEBINAR

Organized by Department of Hindi & NSS Cell
Topic: " कोविडकाल मे प्राणयाम का वैज्ञानिक महत्व"
Scientific Pranayama at the time of Covid

Date: 27-05-2021
Timings: 11 A M
Platform: Google Meet

By
Dr Devaki Madhava
Scientific Pranayama Therapist and Psychologist

Dr. Usha Kumari N
Principal, SKDC

Prof. S P Manohar
Academic Director

Dr. M Rukmangada Naidu
Founder Chairman
Sri Krishna Group of
Institution

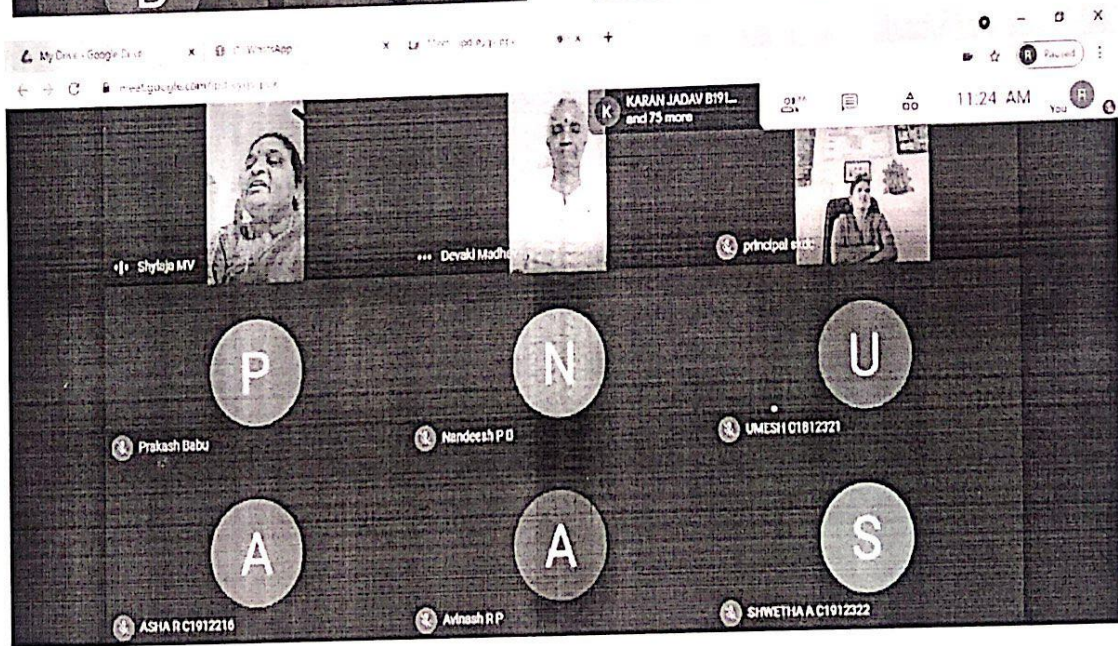
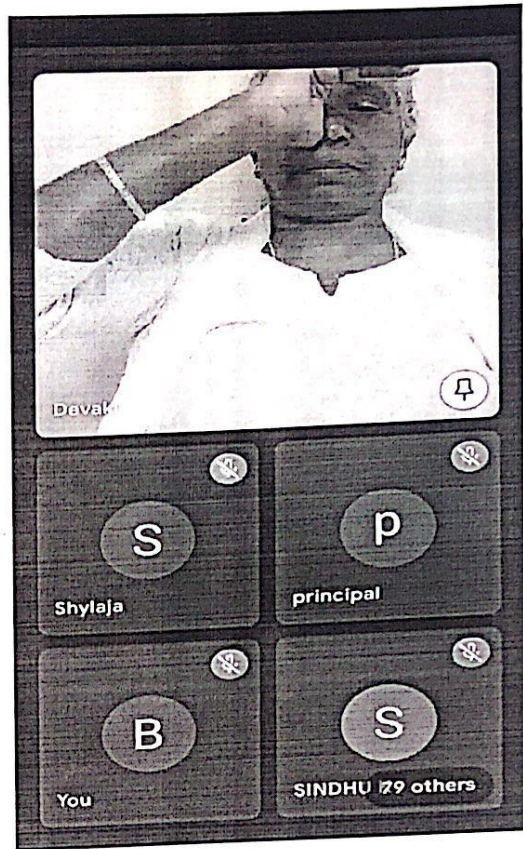
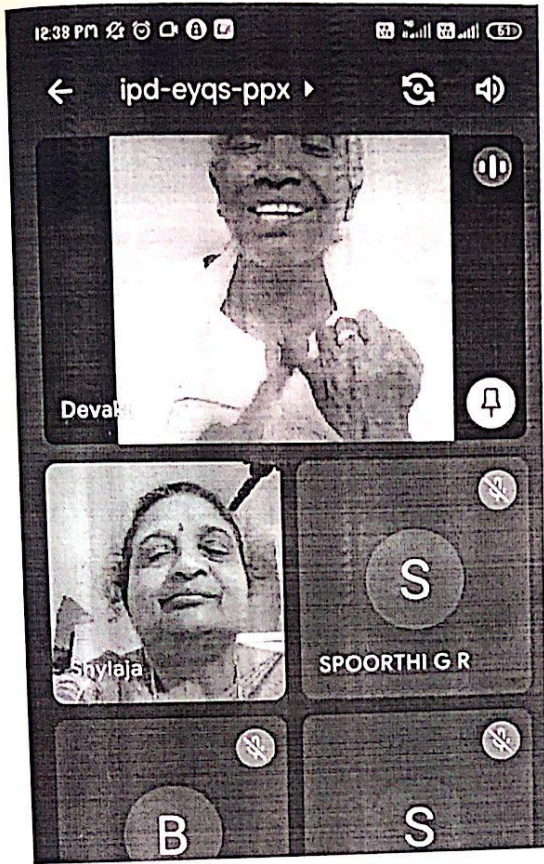
Asst. Prof. Avinash R P
NSS Program Officer

Dr. Shylaja
Co-Ordinator
HOD Dept. of Hindi

Dr. N. V. K. Kumari

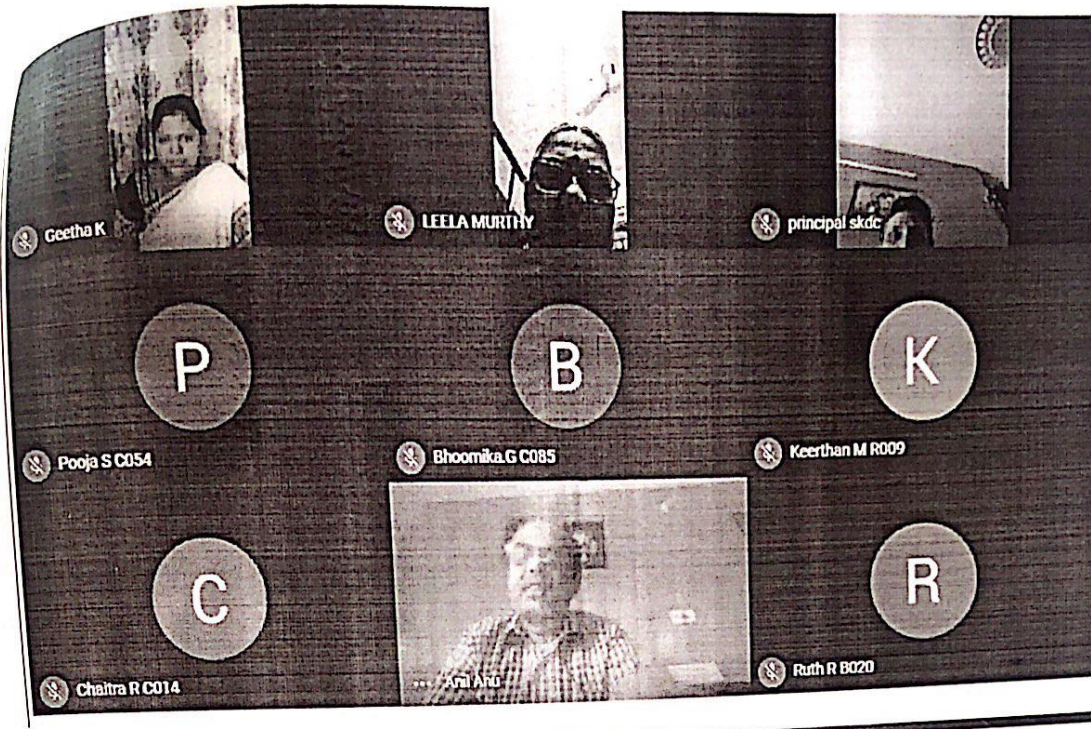
Principal

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S. V. Usha Kumar

Principal
SRI KRISHNA DEGREE COLLEGE
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 BANGALORE 560 085.



Sanskrit Webinar
On
॥ व्यक्तित्वविकसनाय भगवद्गीता ॥

Resource Person:
Smt Vidhushi Leelavathi
Vidhwat in Alankara Shastra &
Vidhwat in Adwaita

Students, Faculties from any discipline can participate
in webinar.

Registration Link :- <https://forms.gle/ZezUfusuLjk4UNeL6>
Platform:- Google Meet
Whatsapp Group Link to Join :- <https://chat.whatsapp.com/lp0dkqyQWa80B6pHxwgYfjq>

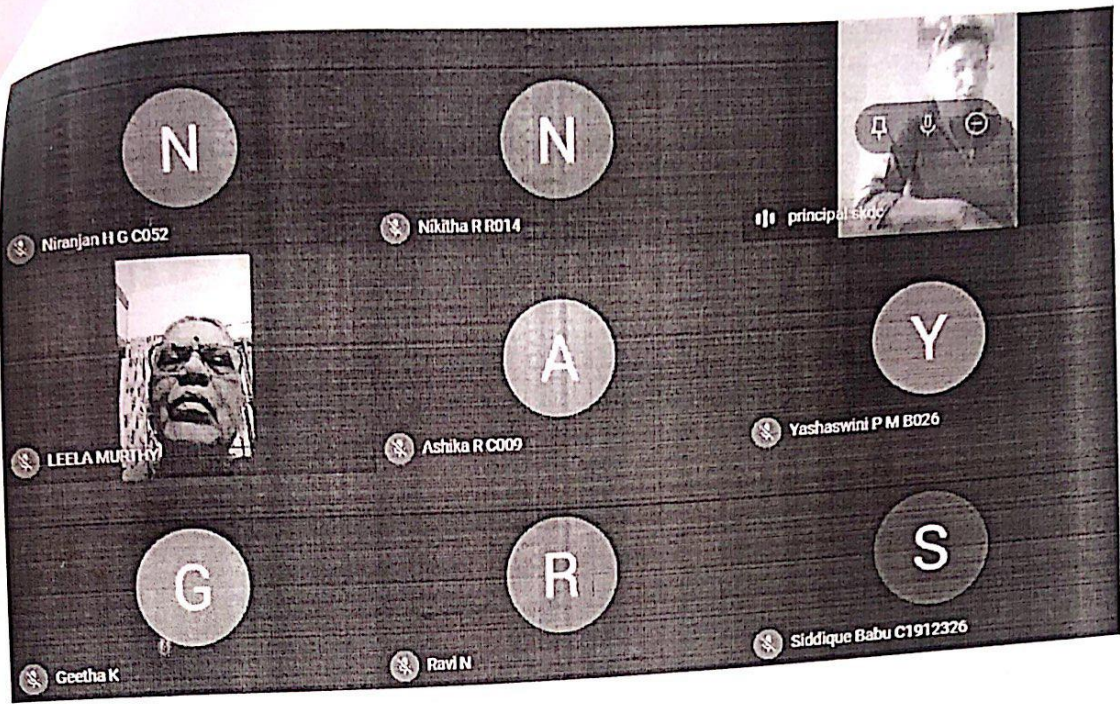
Principal: Dr. N Usha Kumari Academic Director: Prof. S P Manohar
Coordinator: Asst. Prof. Geetha.K Contact : 8073548476

SRI KRISHNA DEGREE COLLEGE
(Affiliated to Bangalore City University, NAAC Accredited & ISO Certified)
ITI Layout, BSK III Stage, BANGALORE - 560 085.

21st May
2021
@11AM

Dr. N. Usha Kumari

Principal
SRI KRISHNA DEGREE COLLEGE
2 (P), ITI Layout, B.S.K. 3rd Stage
BANGALORE 560 085.



Dr. V. Leela Kulkarni
Principal
SRI KRISHNA DEGREE COLLEGE
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BANGALORE 560 085.

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2(P) ITI LAYOUT, Kathriguppe, BSK 3rd stage Bangalore – 560085
(Affiliated Bengaluru City University)
(Accredited by NAAC with “B” Grade & ISO Certified)

REPORT ON

One-Day Student Counselling Webinar

On

“ART OF MIND MANAGEMENT & EMOTIONAL BALANCE”

Sri Krishna Degree College
Affiliated to Bangalore City University, NAAC Accredited & ISO Certified
ITI Layout, Bengaluru-560085
With IQAC Initiative Organized with Counseling Cell
Presents

ISKCON

Live Webinar
Art of Mind Management & Emotional Balance

"Rule your Mind else it will rule you"

On 3rd June 2021
11:00 AM to 12:00 Noon

Dr. M. Rukmangada Naidu
Founder Chairman
Sri Krishna Group of Institution

Prof. S. P. Manohar
Academic Director
Sri Krishna Group of Institution

Dr. N. Usha Kumari
Principal
Sri Krishna Degree College

Asst. Prof. Madhushree N
Coordinator
Sri Krishna Degree College

Dr. N. Usha Kumari

Principal

SRI KRISHNA DEGREE COLLEGE
2 (P), ITI Layout, B.S.K. 3rd Stage
BANGALORE 560 085.

One Day Student Counselling Webinar on "ART OF MIND MANAGEMENT & EMOTIONAL BALANCE"

On 3rd June 2021 @ 11 AM with the objective of enabling the students with the mental balance to brave against the outbreak of the COVID-19 pandemic.

Presenter: Sri Vallabha Chaitanya Vallabha Dasa Expert from FOLK-Youth Empowerment Club ISKCON, Bangalore.

Meeting Platform: Zoom Meeting

Total Participants: 70

1. Need for controlling the Mind.

Mind should be Strong, Positive changes in life, increased self- confidence

Thoughts to be controlled by Mind Management.

2. Understanding mechanism of Mind.

Knowledge to be gained from the incorporation of new methodologies. With Intelligent Quotient(IQ), Emotional Quotient(EQ) to follow Spiritual Quotient.

3. Methods of Mind Management.

Physical method-To inculcate Yogasanas, Pranayama, Kriyas & sitting postures.

Mental method-To improve concentration, Affirmations, self-talk & to read thought provoking books.

Speaker Profile

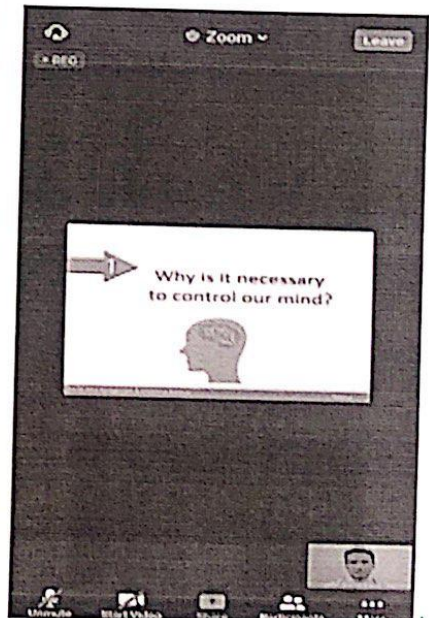
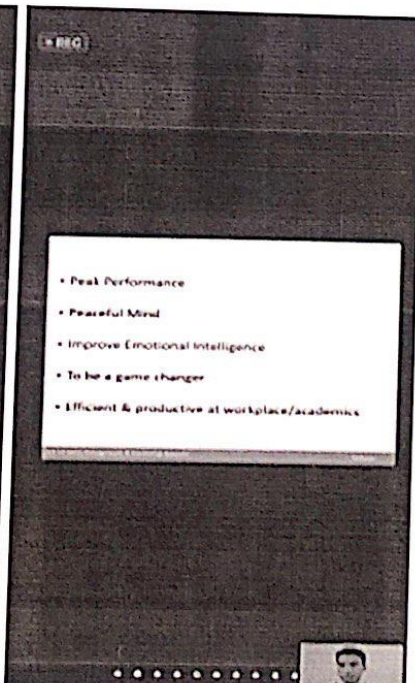
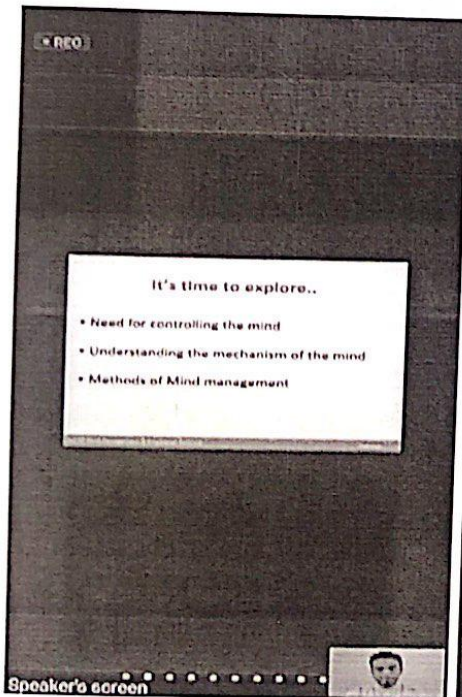
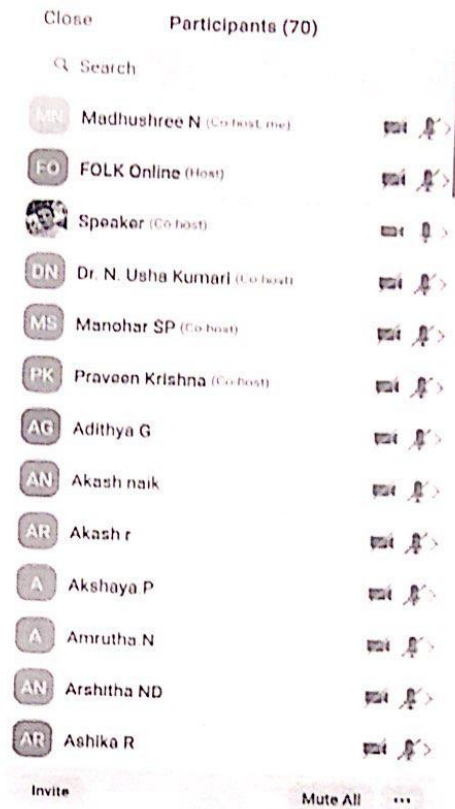
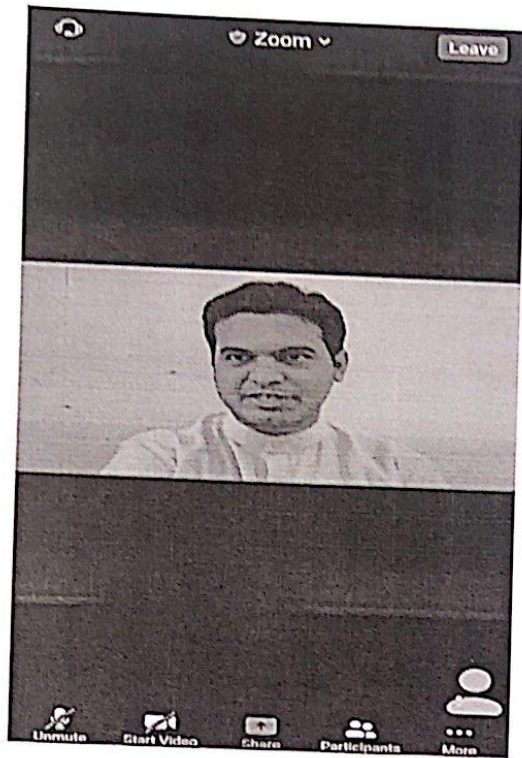
Sri Vallabha Chaitanya Dasa who is currently working as Vallabha Chaitanya Dasa Youth Guide & Presenter, FOLK –Youth Empowerment Club, ISKCON Bangalore.

He pursued his graduation from MS Ramaiah Institute of Technology Bangalore & have worked with MNC's like Infosys, Hewlett Packard (HP). He has experienced in giving talks to thousands of youngsters on the topics of Happiness, Digital distractions, community service, volunteering & spirituality.

Sri Vallabha Chaitanya Dasa having a special interest in Youth Empowerment & have been instrumental in conducting personality enrichment workshops for IIT Bangalore, ISBR Bangalore, Jain University, RV Institutes, MSRIT & various premium institutes.

S. N. Neha Kumar
Principal


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Dr. N. Usha Kumari
 Principal
 SRI KRISHNA DEGREE COLLEGE
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REC

Watch your habits...

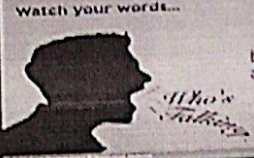


...they become your character.

Speaker's screen

REC

Watch your words...




...they become actions.

Speaker's screen

REC

Our mind is a store house of "Emotions Feelings Thoughts"




Speaker's screen

REC

Activity


Hear the mind speaking



Speaker's screen

REC

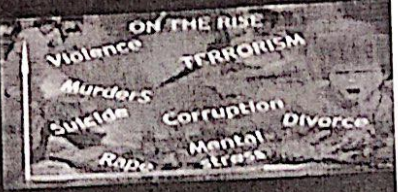
It is said that 77 % of everything we think is negative, & works against us



Speaker's screen

REC


ON THE RISE



Speaker's screen

REC

3 Methods of Mind Control



Speaker's screen

REC

Mind control methods can be categorized into

- Physical methods
- Mental methods
- Spiritual methods

3

Speaker's screen

REC

Physical methods:

- Yogasanas
- Pranayama (breathing exercises)
- Kriyas (purification techniques)
- sitting postures

Speaker's screen

Dr. N. Srinivasan
Principal
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Sri Krishna Degree College

Bangalore – 85

Department of Physical Education

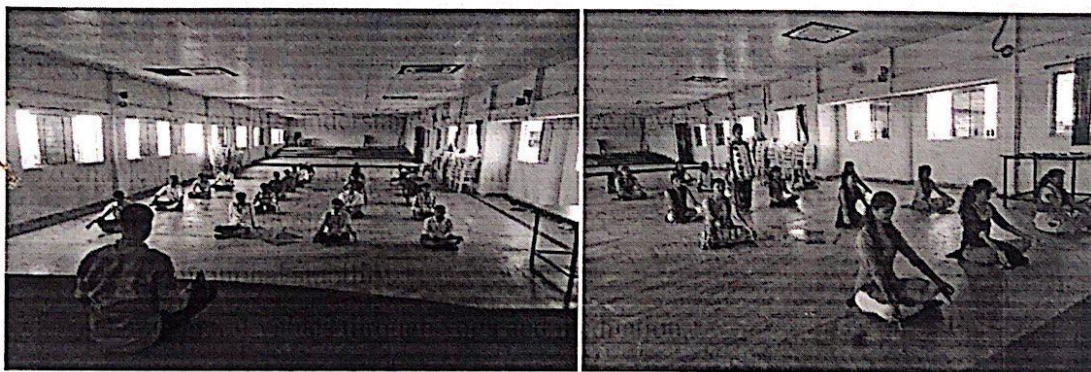
Yoga and Meditation

Though there is no syllabus as such students are taught mudras and asanas and different kinds of physical Exercises. They are also made to understand various meditation techniques. Along with the physical, there is also food thought through regular talks on issues like philosophy of life analysis of thought, neutralization of anger, eradication of worries, individual and world peace. Ect.

Objectives:

1. To make the students understand the significance of yoga and meditation
2. To enable the student to have good health.
3. To practice mental hygiene.
4. To possess emotional stability.
5. To integrate moral values through yoga and meditation.
6. To attain higher level of consciousness.

Regular Activities:



Orientation

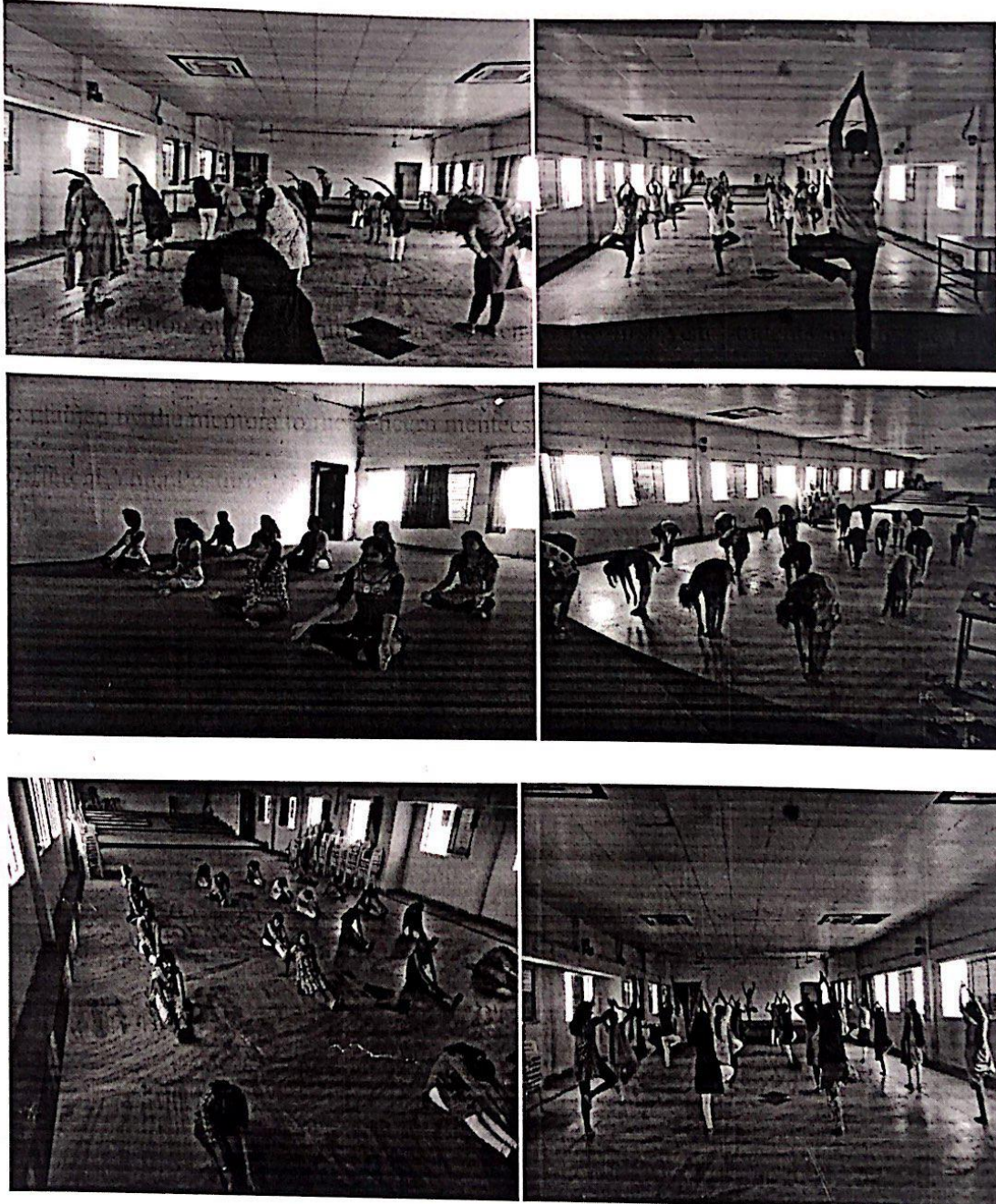
Orientation on Yoga and Meditation is organized every year at the beginning of the academic year for the first UG students during the ethics classes. The students are enlightened the importance of yoga and meditation. The different kinds of yoga are and meditation methodologies are explained to the students. The benefits of yoga and meditation are also explicated during the orientation.

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Principal
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Yoga Training

A demonstration on performing yoga is given to the first year students during the Ethics classes. Students are trained by specialists in yoga. The method of doing meditation is explained by the mentors to the concern mentees.

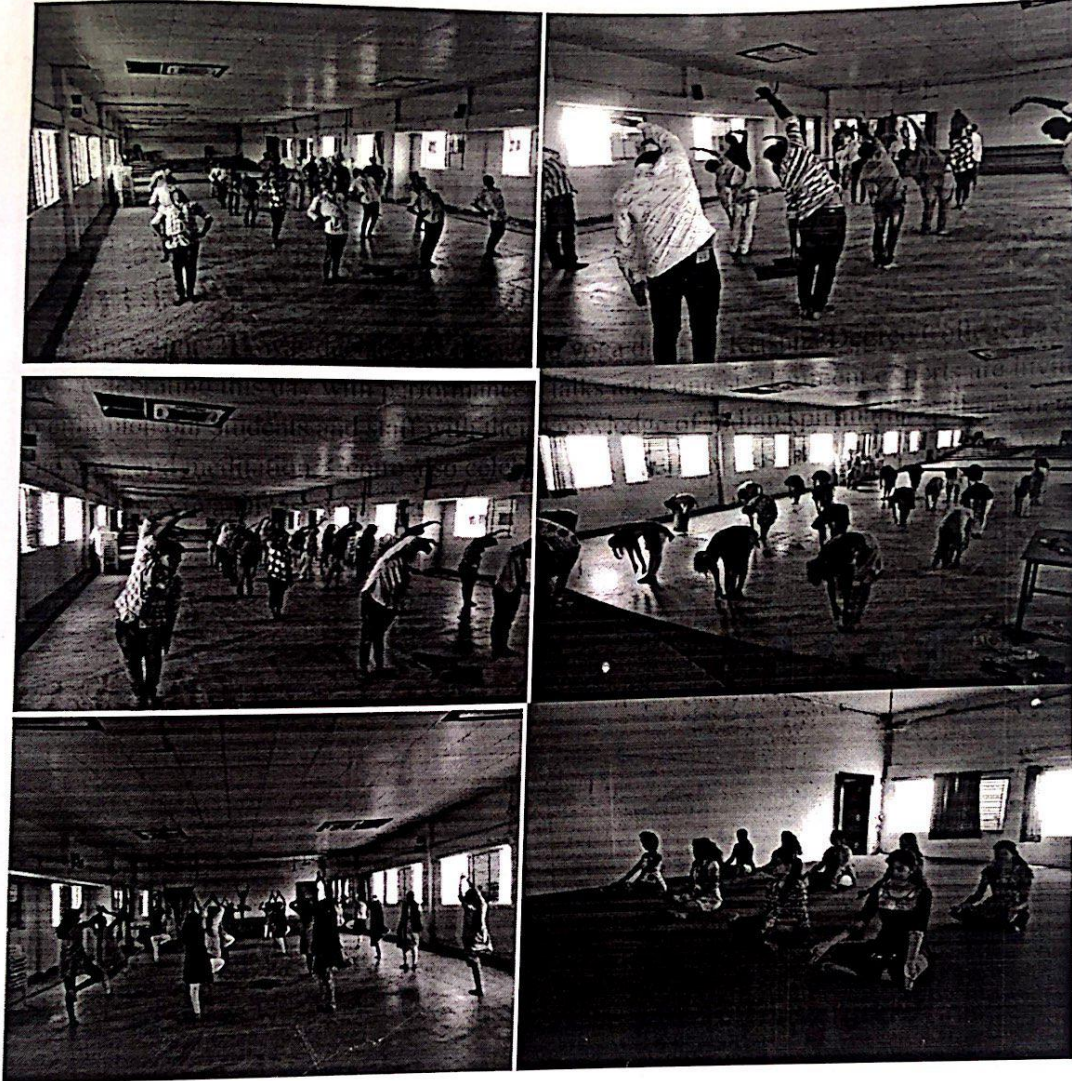
Different Yoga Posture



B. N. V. J. Kumar
Principal
SRI KRISHNA DEGREE COLLEGE
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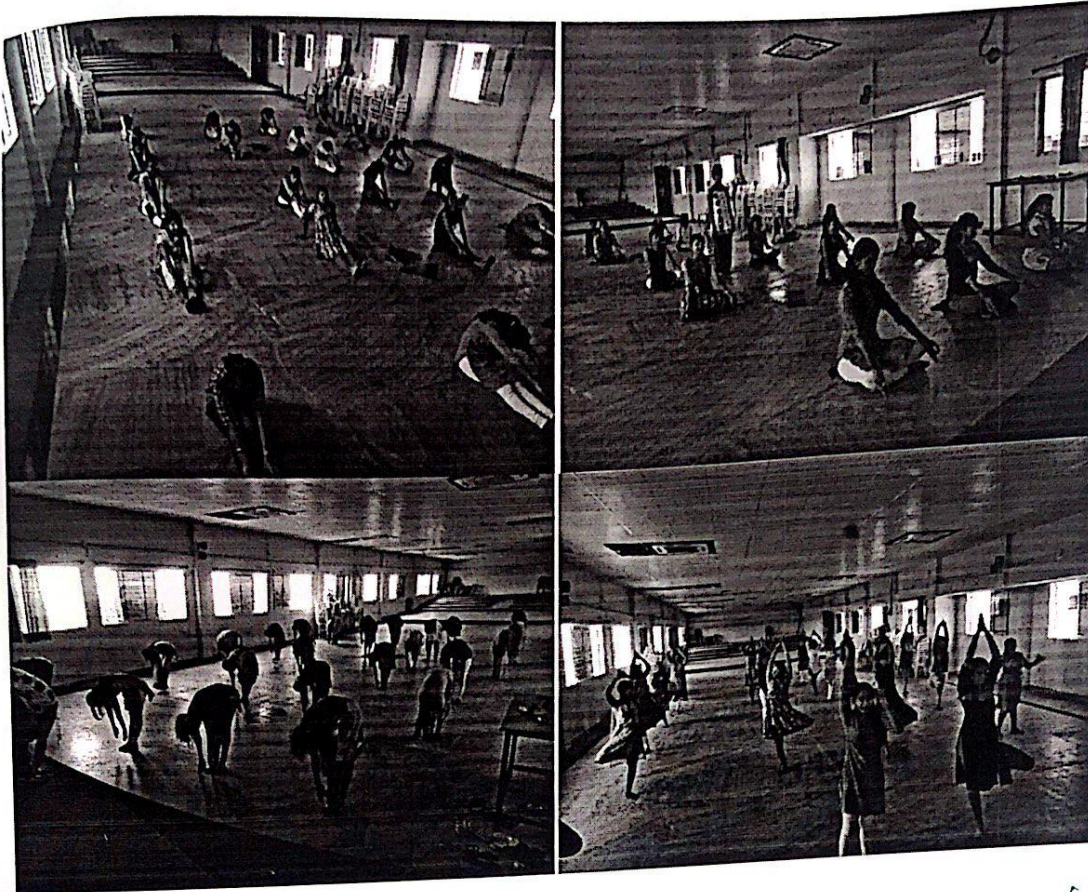
Yoga Day Celebrations

Ever since June 21st was declared as the world yoga day, Sri Krishna Degree College has been celebrating this day with performances, talks and contests. Eminent experts are invited to enlighten our students and staff with their knowledge of Indian spirituality and practice. The yoga and meditation, Centre also celebrates the birthday of swami Vivekananda, being observed as Yuva Divas every year



D. N. Usha Kumari

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S. N. Subramanian

Principal
SRI KRISHNA DEGREE COLLEGE
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Sri Krishna Degree College

Bangalore – 85

Department of Physical Education

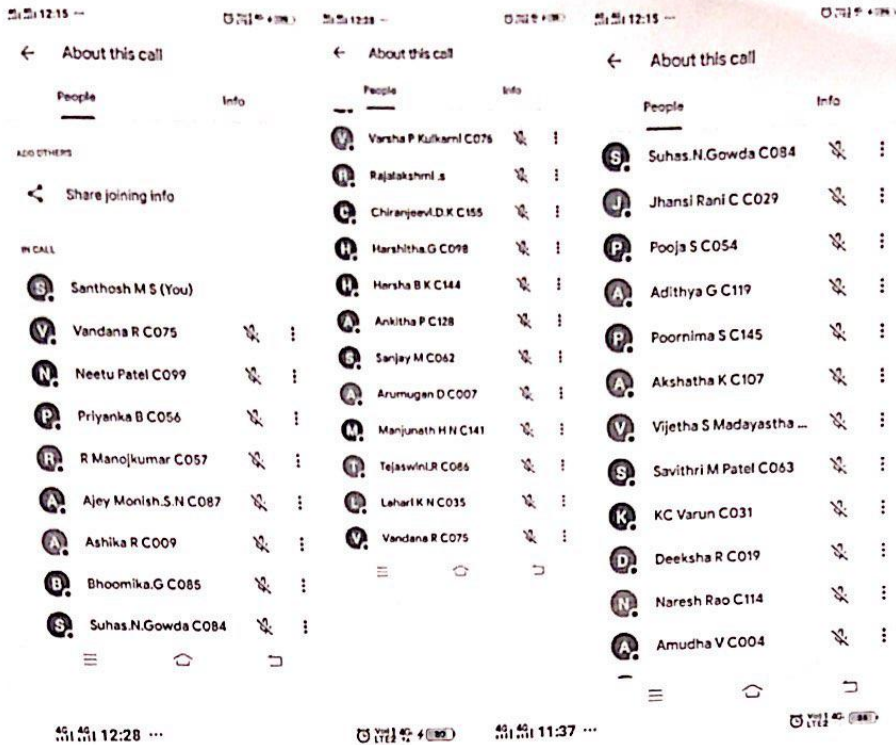
Physical fitness and yoga class conducted of through online class

The image shows two screenshots of a WhatsApp group chat interface. The left screenshot displays the 'About this call' screen with a 'People' tab selected, listing participants in the call. The right screenshot shows the same screen with an 'Info' tab selected, displaying options like 'Share joining info' and 'ADD OTHERS'. Both screenshots list the following participants:

Participant Name	Call Status
Santhosh M S (You)	IN CALL
Vandana R C075	✗
Neetu Patel C099	✗
Priyanka B C056	✗
R Manojkumar C057	✗
Ajey Monish.S.N C087	✗
Ashika R C009	✗
Bhoomika.G C085	✗
Suhas.N.Gowda C084	✗

D. N. V. V. J. J. J.

Principal
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BANGALORE 560 085.



Physical Education Director

B. N. reha kumar
Principal
SRI KRISHNA DEGREE COLLEGE
2 (P), ITI Layout, B.S.K. 3rd Stage
BANGALORE 560 085.



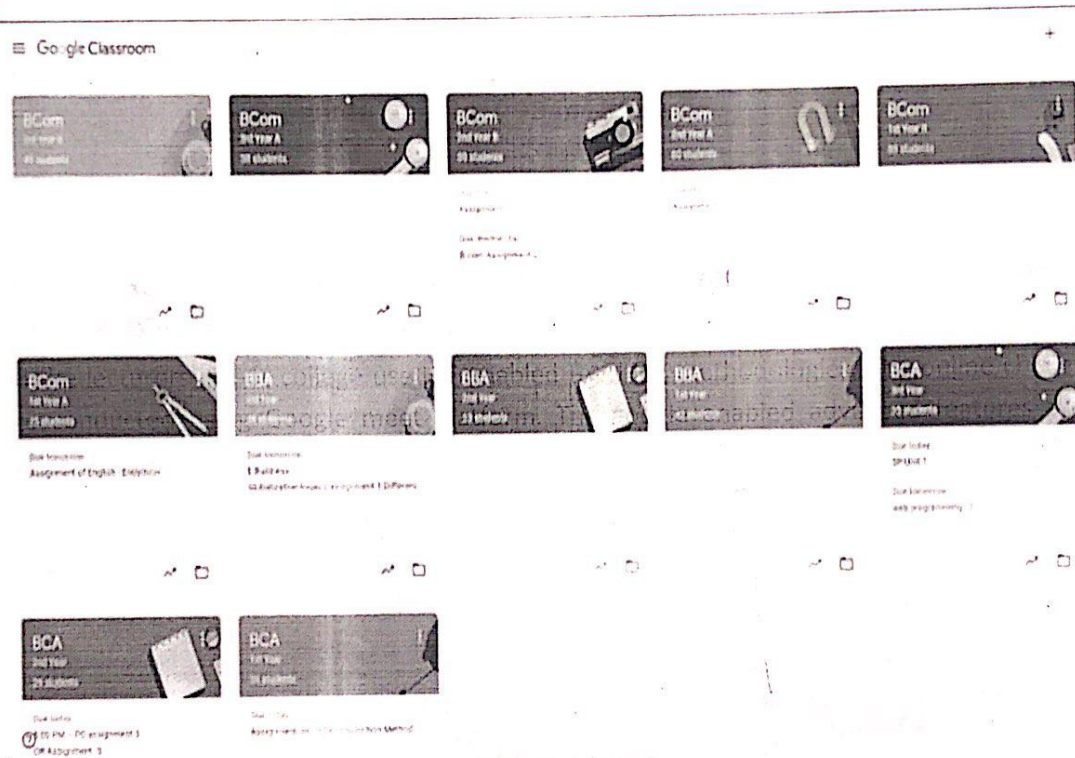
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All the lecturers in our college use ICT enabled teaching methodologies. The online classes are conducted using Google meet platform. The google enabled advanced features are successfully used to conduct classes. Sri Krishna degree college has been authorised for G suite.



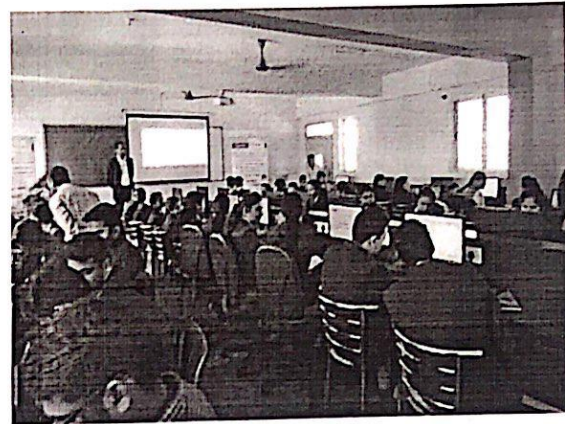
The classrooms are created for each class where the faculty are able to post the assignment and the related documents.

S. N. Suba Jeevan
Principal

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Seminar was conducted for BCA students on 1st September 2020

By Pale TECHNOLOGIES on ANDRIOD SOFTWARE



BCA Dept conducted the webinar on “Cloud Technologies” on 5th of June 2021. Mr. Madhvesh M L Senior Associate consultant of Eli Lilly Pharmaceutical gave the information on Cloud Technologies using the google Meet platform for the students & faculty members.



SRI KRISHNA DEGREE COLLEGE

(Affiliated to Bangalore City University, NAAC Accredited & ISO Certified)
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DEPARTMENT OF BCA

Organizing Webinar
on
“CLOUD TECHNOLOGIES”

BY

Mr. Madhvesh M L
Senior Associate Consultant,
Eli Lilly Pharmaceutical.

Students, Faculties can participate in webinar.

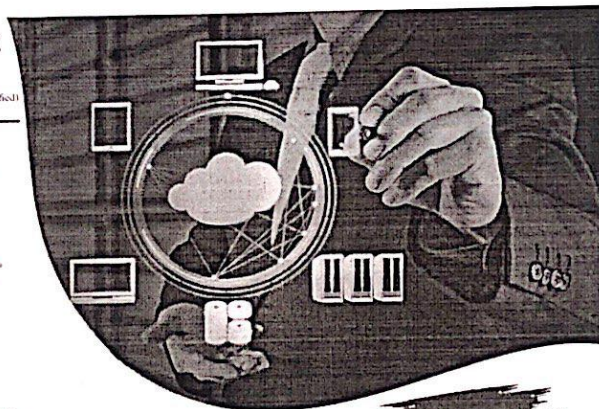
Platform:- Google Meet

Principal: Dr. Usha Kumari N

Academic Director: Prof. Manohar S P

Co-ordinator: Dr. Manjula Prasad

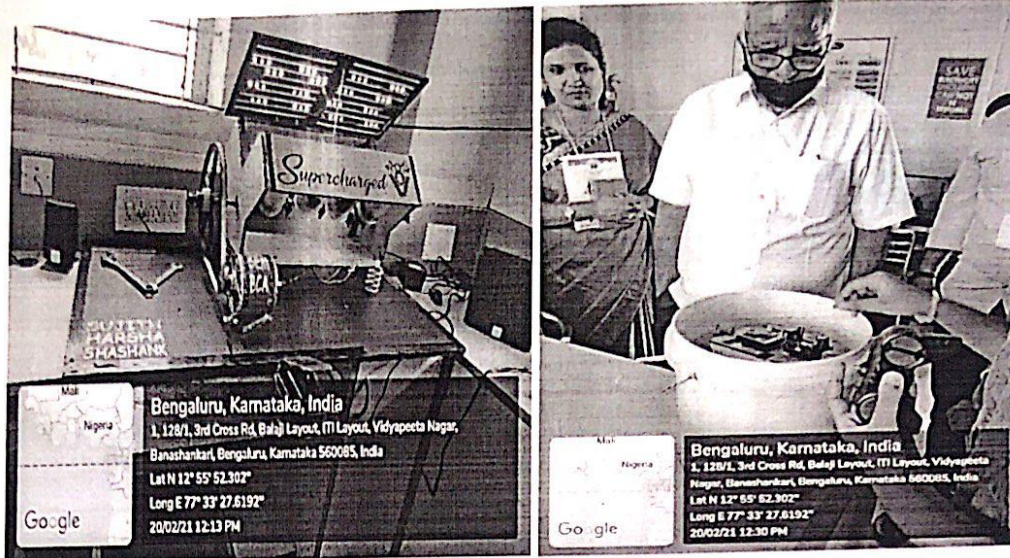
Contact No:-9980663440



5th of June
2021
@1 PM

Dr. N. Usha Kumari

Principal
SRI KRISHNA DEGREE COLLEGE
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BANGALORE 560 085.

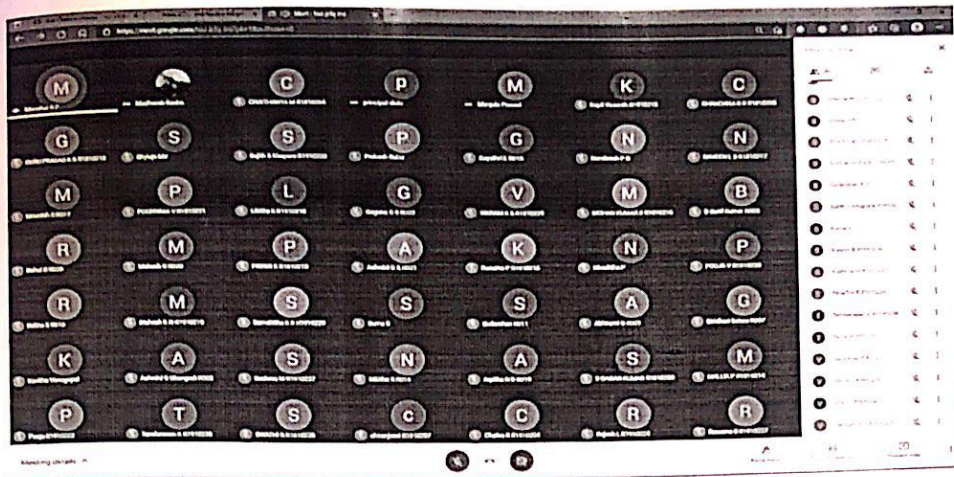


Tech project competition

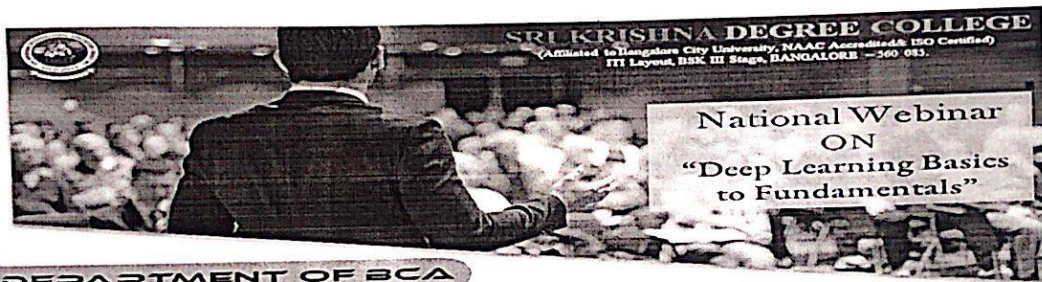


PPT presentation competition

D. N. Subha Suman
 Principal
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BCA Dept conducted National Level Webinar on Deep Learning Basics to Fundamentals on 12th of June 2021. Mr. V Chandrashekar gave the brief information on Basics of deep learning to the students & faculties



DEPARTMENT OF BCA

Resource Person:
Mr. V.Chandra Sekhar
Software Engineer.

Students, Faculties can participate in webinar.

Platform: Google Meet

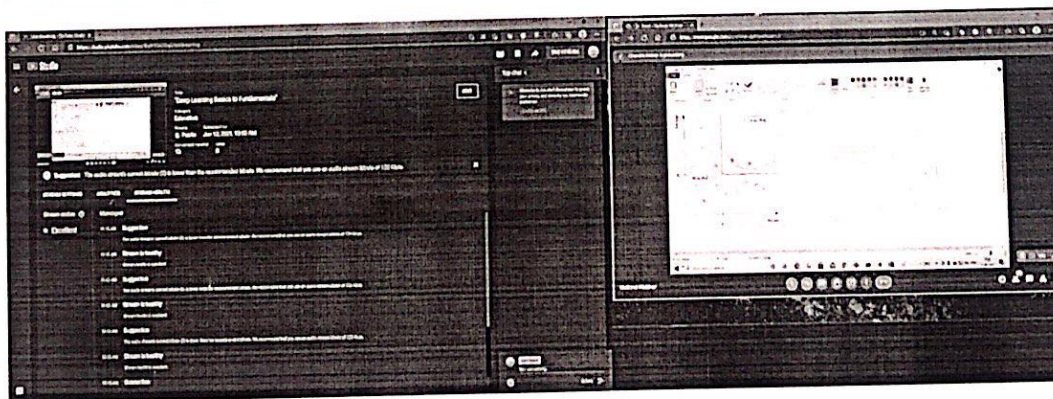
[Register](#)

12th June
2021
Saturday
@11 Am

Principal: Dr. Usha Kumari N Academic Director: Prof. Manohar S P

Co-ordinator: Dr. Manjula Prasad

Contact No:-9980663440



Dr. N. Usha Kumari
Principal
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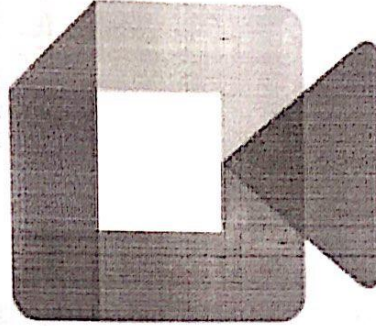


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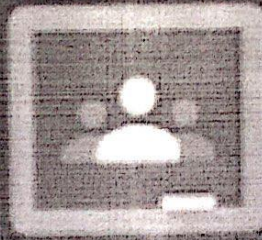
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Google Meet



Google Classroom

helps classes communicate, save time, and stay
Learn more

D. N. Subakumar

Principal

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Stream Classwork Project Assignments

+ Create

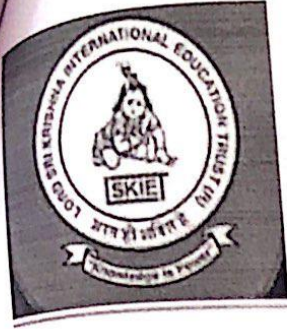
📁 Google Calendar 📁 Class Drive folder

- 📄 Practise 1 [📄] [📄]
- 📄 DT - Depreciation problems [📄] [📄]
- 📄 Value education [📄] [📄]
- 📄 Business Taxation, Companies OP prob... [📄] [📄]
- 📄 Value education [📄] [📄]
- 📄 Value Education [📄] [📄]
- 📄 Business Taxation, Companies chad pr... [📄] [📄]
- 📄 Unit - 1 BR [📄] [📄]
- 📄 Assessment of companies problems [📄] [📄]
- 📄 Assignment 1 PPA

View more

S. N. Nishanur

Principal
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Stream Classwork People Grades

+ Create

Google Calendar Class Drive folder

- SP-Unit 2
- web fundamentals 2 marks question & ...
- XML Notes
- Dynamic documents with javascript
- web programming - 2
- Javascript & XHTML Document Notes
- CNS
- java Script & Function Notes
- CNS
- web programming assignment-1

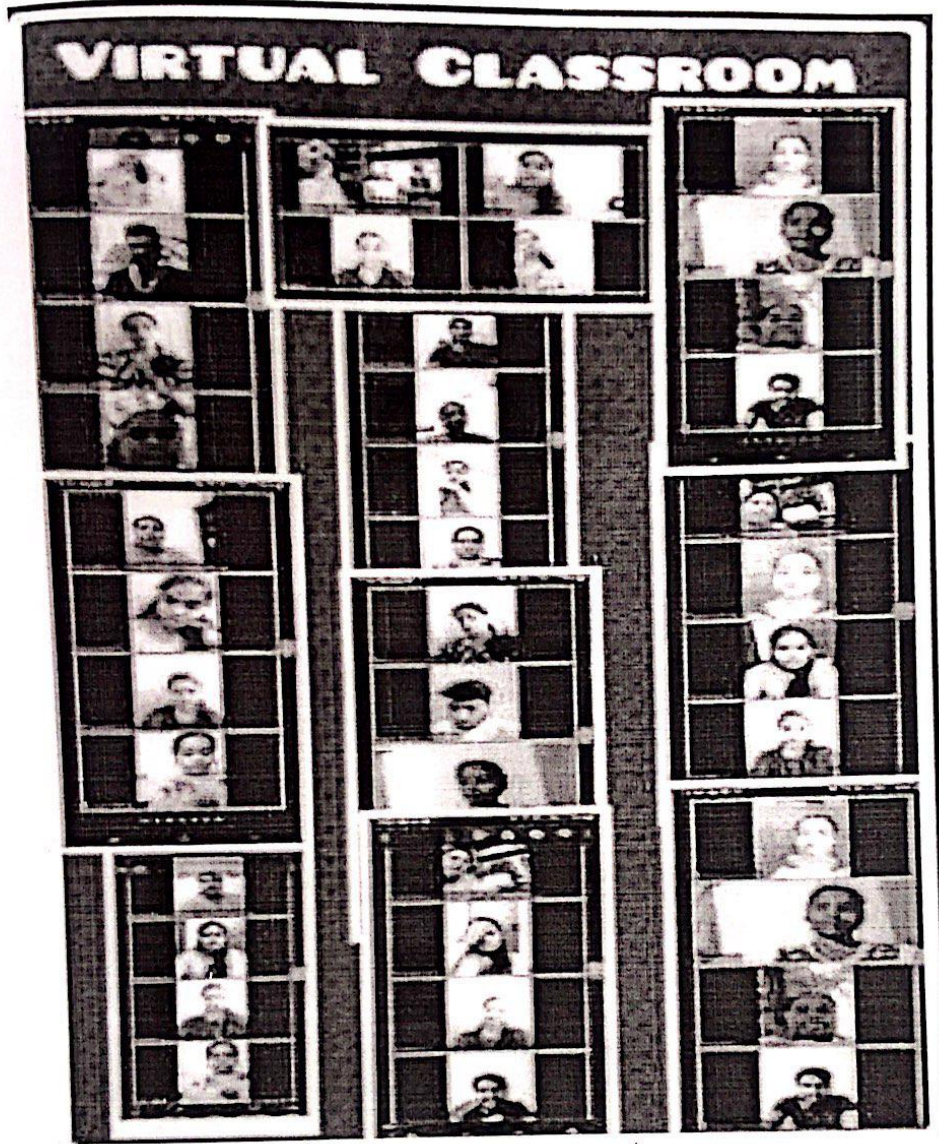
View more

SP-Unit 2

B. N. Uthasamma
Principal
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B. N. Uma Juvvai
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Stream: Computer | Courses: BCA | Grades: 1st Year

BCA

1st Year

Class code: 17000000

1st Year Home | 1st Year Profile

Upcoming

Due today
Assignment on U7 Section

Due tomorrow
NSM Assignment 1

[View all](#)



madhurikiran posted a new assignment

17:00 AM



Nandeesha posted a new assignment: NSM 1

1:04 PM



31 user comments



madhurikiran posted a new assignment: BCA Assignment 8

10:21 AM



37 user comments



madhurikiran posted a new assignment: Assignment 1

10:11

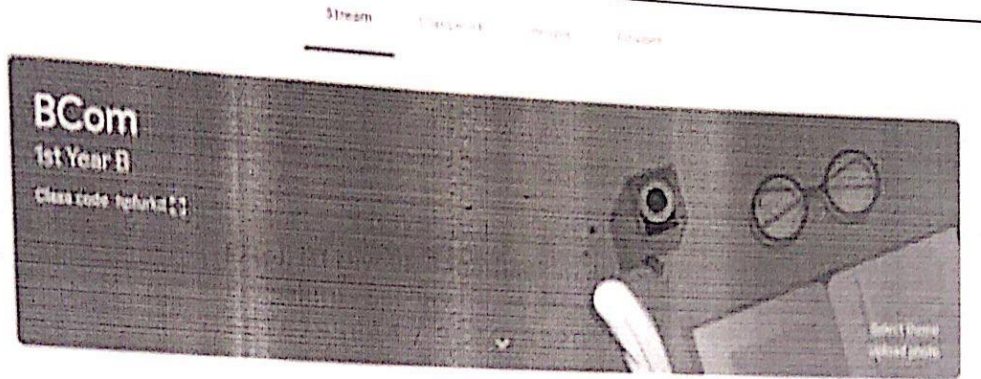


37 user comments

D. N. Subodh Kumar
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Upcoming

View all

View all

Share your notes with your class

Kavitha Venugopal
12 posts

Good Morning dear students

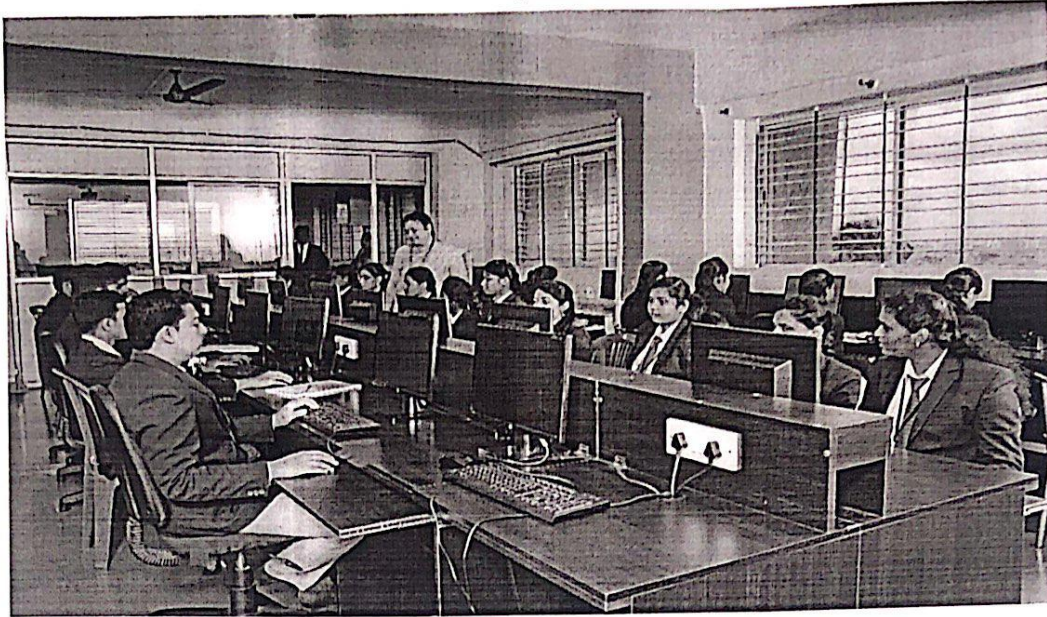
Welcome to the first English online class. I am now updating the notes of poem ENDYMION to all his introduction file by the explanation of the poem. Again if you have any difficulty in understanding, don't hesitate to message me personally. Post your attendance here with your names and your attendance.

Endymion day ppt- Bco

All class comments

Biresh O Asang
Present more to the class

Dr. N. Venkateswari
Principal
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Computer Typing – Competition

Students participated enthusiastically in all the events.

Ayoodha Pooja celebration



S. N. Usha Kumari
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